

# Samaritan Employee Assistance Program (EAP)

## Platform EAP

The Samaritan Employee Assistance Program (EAP)\* has partnered with your employer for a free and confidential program that addresses a wide range of personal concerns. It can help address life stress, save you time, and generally improve quality of life for you and your family. With a wholistic approach, Samaritan's EAP includes personal wellness, face-to-face counseling, legal consultations, financial coaching and resource retrieval.

The Samaritan EAP Rider is an additional benefit purchased by your employer. Samaritan's EAP allows you to choose any licensed provider through our partner, Cascade Centers.

Confidentiality: All your information is kept confidential. Your employer will not be apprised of the fact that you have utilized your EAP benefit.

### EAP Covered Benefits

#### Diagnosis and treatment planning through authorized providers

Up to 3 free sessions per unrelated incident for you and your insured dependent(s) as outlined in this Rider.

#### 24 / 7 / 365 crisis telephone coverage

Staffed by professional counselors.

#### Work / Family / Life balance services

Child and eldercare, financial, identity theft and concierge resource retrieval, with reporting within 72 hours of initial call.

#### Legal / Mediation

Each covered member is eligible for one (1) initial 30-minute office or telephone consultation per separate legal/mediation matter (limit three per year). Discount of 25% from the attorney's/ mediator's normal hourly rate thereafter.

#### Financial

Each employee is eligible to receive telephonic financial coaching from certified financial consultants. In the event the employee continues beyond the initial free 30-day period, subsequent months are paid by the employee at a monthly fee.

#### Identity theft services

60-minute free consultation with a highly trained Fraud Resolution Specialist™ (FRS).

#### Free simple will kit

Cascade will send a will kit questionnaire directly to members, and then connects members with an attorney for review and preparation of a simple will. Additional estate planning services are billed with a preferred rate reduction of 25% from the attorney's normal hourly rate.



Samaritan  
Health Plans

\*Powered by Cascade Centers

**Discounted services**

“The Line” – A 24-hour anonymous advice line

Tax resolution assistance

Online legal resource center

Career development services

Text connect

Live instant chat

Life and parent coaching

Gym membership discounts

E-support – Live online virtual sessions through secure video or chat

Discounted pet insurance

Home ownership program – Assistance and discounts on services associated with selling, buying or refinancing a home.

You can access any of the above services by contacting EAP. You will be connected to the appropriate resource to meet your needs.

**Call 800-433-2320 · Text 503-980-1777 · Email [samhealthplanseap@cascadecenters.com](mailto:samhealthplanseap@cascadecenters.com)  
[cascadecenters.com/samhealthplanseap](https://cascadecenters.com/samhealthplanseap)**

